



# SCHOOL HOLIDAY PROGRAM

JOIN MASTERS QUALIFIED CREATIVE ARTS THERAPIST, JANEL, FOR A GROUP THERAPY WORKSHOP

**Ages 8 - 13** \* Max 4 Participants

## Workshop Options:

1. Tuesday 7th April
  2. Wednesday 8th April
  3. Friday 10th April
- 10:00am - 11:30am

## Where:

*Sweetwater Wellness Collective*  
50 Pratt Ave, Frankston South

## More Info Contact:

*Janel: 0401 841 872*

## Goals:

- Creative Expression
- Setting Boundaries
- Communication
- Emotional Regulation



**Register now at:**

<https://forms.gle/g2GY6F2r6oT9WD7V8>